

Days to Remember

*May 1- Parks & Rec
Summer registration

*May 12- Mothers Day

*May 15 week- Last family
visits. **Half day on the 15th,
No SCHOOL the 16th.**

*May 30-Family Social

*May 24-District last day of
school

*May 30- Last Day

*Family Engagement to Peers & Community



Summer Health Care

We will be sending home reminder post cards before the end of the year for any children who will be due for immunizations, well child checks, dental exams, and other health checks over the summer.



*Family Well-Being

Lander HEAD START



May 2024 Newsletter

Help your school

We are recruiting NOW for 2024-2025 School year. Pass on the message to anyone you know who has a 3- or 4-year-old. Share your child's and your great experience you have had this year with us.



End of the Year Parent Activity

May 30th 2024 @

1:00

Graduation and Photo booths

Be Safe

Be Kind

Be Responsible



Returning Students

For any three-year-old students who will be returning next year – the first day of school for the 2024/2025 school year will tentatively be August 26th, 2024, Please plan accordingly for your child's return to school next year. Class time will remain from 8:15 am to 3:30 pm.

*Family Engagement in Transitions

Look for the sign up sheet for your child's/family last visit



From our Lander Head Start Staff we would like to say Thank you for sharing your Children with us. They have learned a lot and we have had a great time with them. Enjoy your summer vacation!

The weather is getting nice and summer is just around the corner



It's a good idea to encourage your child to play outside several times a day.

Playing outside gives your child the chance to explore the natural environment and have adventures. Your child can play games, test their physical limits, express themselves and build their self-confidence. Physical activities are good for your child's fitness and physical developing development. Spending time outdoors might lower your child's chances of developing short-sightedness. Also, some safe play in the sunlight exposure can help boost vitamin D levels. Playing outside and being in natural environments can also help children relax and feel clam. This means outdoor play can be good for your child's mental health and wellbeing too.

Outside ideas:

- *Play games of chasey, hide-n-seek, kick-to-kick
- *Make mud pies and run through the sprinklers.
- *Go on a nature walk and name all the different sounds you hear. Look for birds, insect, plants and try to name them.
- *Build a fort
- *Pack a picnic and eat outside. Watermelon seed spitting contest.
- *Make an outdoor tic-tac board, hopscotch, or play fetch.
- *Go fishing/go camping even it's your back yard.
- *Spot animals in the clouds.

*Faily Well-being



Center Staff



Regional Coordinator: Peggy Sue Wolf

4 yr. old Teacher: Cherokee Hornecker

4yr. old Aides: Katherine Black

FHSA: Jennifer Sparks

Cook: Becky Shepard

Professional Development Specialist: Doreen Woodward



Thank You Head Start Parents, Guardians and Families!!!

We want to thank all of you so much for all the wonderful support and parent involvement this year! Our year would not have been so wonderful without your help! Your contributions through home learning logs, volunteering, donations, parent activities and home visits are a huge piece of the puzzle that makes Head Start so great – we really couldn't do it without you all!!!

Absaroka Head Start – Lander

Class Times:

Monday – Thursday

8:15 am to 3:30 pm

307-332-5559

www.abshs.org

Facebook: Absaroka Head Start – Lander



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